



Phrases & idioms

# IDIOMS

- In hot water: In trouble or facing difficulties.
- Through thick and thin: In good times and bad times, enduring all challenges.
- All's well that ends well: Despite difficulties, the final outcome was positive.
- Cut the mustard: To meet expectations or perform satisfactorily.
- Bite the bullet: To face a difficult or unpleasant situation with courage.
- Learn the ropes: To become familiar with or learn the basics of something.
- Out of the woods: Free from danger or difficulty.
- Break the ice: To initiate or start a conversation or interaction.
- Burn the midnight oil: To work or study late into the night.
- Paint the town red: To go out and have a lively and enjoyable time.

# PHRASES

- "Back in the day": Used to refer to a past time or era.
  - "In the old days": Referring to a previous time period.
  - "Once upon a time": Used to begin a story or tale from the past.
  - "In times gone by": Referring to a time that has passed.
  - "Used to": Describing a habitual action or behavior in the past.
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- "In my family's lineage..."
  - "Through generations in my family..."
  - "Across the family tree..."
  - "Within the fabric of my family's history..."
  - "In the annals of my family's past..."