



Exercises



A1. Match the adverbs of definite frequency with the definitions.

1. daily

2. fortnightly

3. hourly

4. monthly

5. nightly

6. quarterly

7. weekly

8. annually/yearly

a. every three months

b. once a week

c. every 14 days

d. every night

e. once an hour

f. every day

g. every year

h. once a month

A2. Write sentences using the frequency adverbs to show how often each event occurs.

Example: I called my mother today. I will call my mother tomorrow.- I call my mother daily.

1. I had lunch with my friend yesterday. We will have lunch together again in six days.

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2. The last train came 20 minutes ago. The next one will come in 40 minutes.

.....

3. I took the medicine last night. I will take it again tonight.

.....

4. The entrance exam was held in February this year. It will be held again next February.

.....

5. We published our newsletter one week ago. The next one will come out in one week.

.....

6. We paid our taxes two months ago. We will pay again in ten months.

.....

7. My rent was due last month. It is due again in two months.

.....

8. My friends and I played football together last month. We will play together again this month.

.....

A3. Complete the sentences with your own information. Then, ask a partner what they wrote and complete the other sentences, e.g. 'What do you do hourly?'

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1. I hourly.
2. I daily.
3. I nightly.
4. I weekly.
5. I fortnightly.
6. I monthly.
7. I quarterly.
8. I annually

1. My partner hourly.
2. My partner daily.
3. My partner nightly.
4. My partner weekly.
5. My partner fortnightly.
6. My partner monthly.
7. My partner quarterly.
8. My partner annually

A4. Match the questions with an appropriate answer.

- 1. How often do you wash your hair?**
- 2. What are you doing this morning?**
- 3. When do you wake up in the morning?**
- 4. What are you doing right now?**
- 5. How often do you go to the cinema?**
- 6. What are you doing today?**

- a. I'm having breakfast and then going to class.**
- b. I'm usually up at 7 a.m.**
- c. I'm doing this exercise.**
- d. I go every month with my friends.**
- e. I'm working all day.**
- f. Just twice a week. Shampoo is expensive.**

A5. Complete the sentences using one of the time expressions below.

**today every day twice a day this week at the moment
in the morning.**

1. I get up early I'm a morning person.
2. I am feeling exhausted I didn't sleep at all last night.
3. Joe is talking to a client Can he call you back later?
4. I am visiting my relatives all but I'll be back at work next week.
5. When I get up, my hair is always sticking up.
6. Bill eats meat, at lunch and at dinner.

Answer key

A1.

1. f

2. c

3. e

4. h

5. d

6. a

7. b

8. g

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A3.

Ask your tutor or teacher to get your feedback.

A4:

1. f 4. c

2. a 5. d

3. b 6. e

A2

1. have lunch with my friend weekly.

2. The train comes hourly.

3. I take the medicine nightly.

4. The entrance exam is held annually/yearly.

5. We publish our newsletter fortnightly.

6. We pay our taxes annually/yearly.

7. My rent is due quarterly.

8. My friends and I play football together monthly.

A5:

1. every day

4. this week

2. today

5. in the morning

3. at the moment 6. twice a day

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